

## Writing Practice Test 1

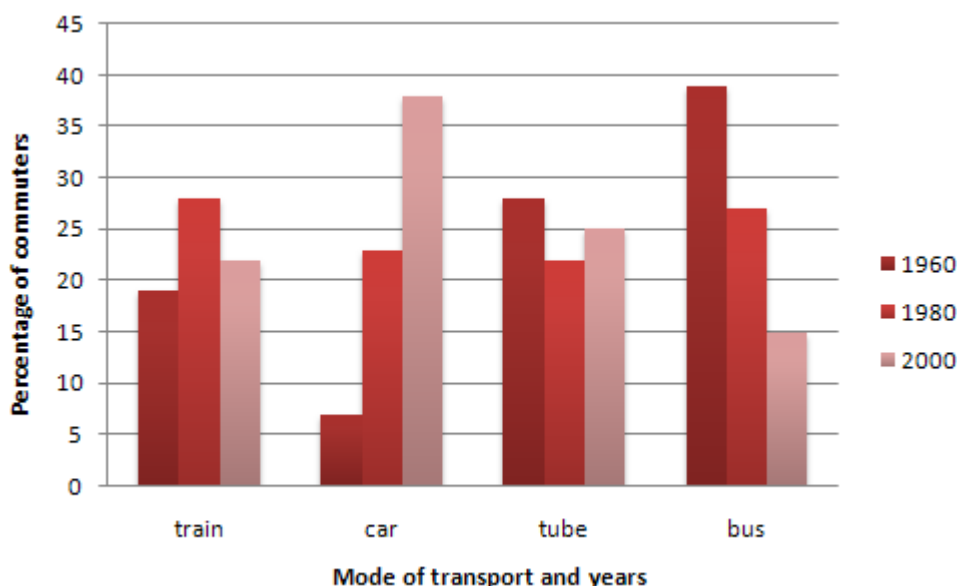
### WRITING TASK 1

You should spend about **20** minutes on this task.

The graph below shows the different modes of transport used to travel to and from work in one European city in 1960, 1980 and 2000.

Write a report for a university lecturer describing the information below.

You should write at least **150** words.



### WRITING TASK 2

You should spend about **40** minutes on this task.

Write about the following topic.

*The percentage of overweight children in western society has increased by almost 20% in the last ten years.*

*Discuss the causes and effects of this disturbing trend.*

*Give reasons for your answer and include any relevant examples from your own knowledge or experience.*

You should write at least **250** words.



# SAMPLE WRITING TASK 1

The graph shows the changing patterns in commuting by train, car, tube or bus for commuters in London in the years 1960, 1980 and 2000.

The number of people using trains at first rose from just under 20% in 1960 to about 26% in 1980, but then fell back to about 23% in 2000.

Use of the tube has been relatively stable, falling from around 27% of commuters in 1960 to 22% in 1980, but climbing back to reach 25% by 2000.

On the other hand, the use of cars increased steadily from just over 5% in 1960 to 23% in 1980, reaching almost 40% by 2000, whereas the popularity of buses has declined since 1960, falling from just under 35% in 1960 to 27% in 1980 and only 15% in 2000.

The graph indicates the growing use of cars for commuting to work between 1960 - 2000, and the corresponding decline in the popularity of buses from being the most popular mode of transport in 1960 to the least popular in 2000.

# SAMPLE WRITING TASK 2

There is no doubt that overweight children's percentages rose by twenty percent in western world. There are several factors, which played role. Also, there are some effects of being overweight.

One of the major factors that has contributed to increase in children's weight is unhealthy food. Number of children eating unhealthy food is on the rise, and number of increasing fast food restaurants are responsible for that. These restaurants sell tasty food to attract children but these foods contain unhealthy ingredients, for example, fat and salt. Secondly, some advertisements encourage children to eat unhealthy diets. Lastly, children do not give time to outdoor activities because they spend more time watching television or playing games on computers at home, which led to a sedentary lifestyle. As a result, children become overweight.

Overweight children are prone to many problems. They are more likely to suffer from chronic diseases like high blood pressure and diabetes, during their late age of life. These conditions are life-threatening. In addition, these children can be bullied at school by peers, which can have effects on their mental health like stress, anxiety and insomnia. These problems, in turn, often result in lower productivity at school. Furthermore, they are less likely to be selected for school's sports team because the selection team might be concerned about their fitness.

In conclusion, factors like poor diet, sedentary lifestyle because of advance in technology has led to increase in overweight children, and these may cause serious physiological and psychological problems to children health.